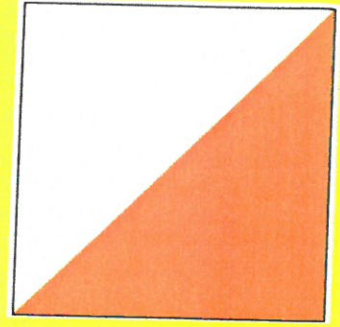




# 'Come & Try' Orienteering!



## Launch of a new Orienteering Map & Permanent courses of Peel Headlands



**Easter Monday**

**17<sup>th</sup> April 2017**

**10.00am – 11.00am**



**Start Location - Eastern end of the Promenade at the cliffs,  
close to the Tennis Courts & Bowling Green**



***Something for all  
ages.***

*Participants undertaking this activity accept  
that Orienteering is an adventurous activity  
and do so at their own risk.*



- \* Children must be supervised by an adult.*
- \* Suitable footwear and clothing must be worn for weather and underfoot conditions.*
- \* Cost - £1.00 per course map & description sheet.*



*Orienteering is an outdoor adventure sport that exercises both the mind and the body. The aim is to navigate in sequence between control points marked on a unique orienteering map and decide the best route to complete the course in the quickest time. It does not matter how young, old or fit you are, as you can run, walk or jog the course and progress at your own pace.*